

MOD.
ME7711 / ME7712 / ME7713

solac



BODY MASSAGER INSTRUCTIONS FOR USE

Solac is a registered Trade Mark

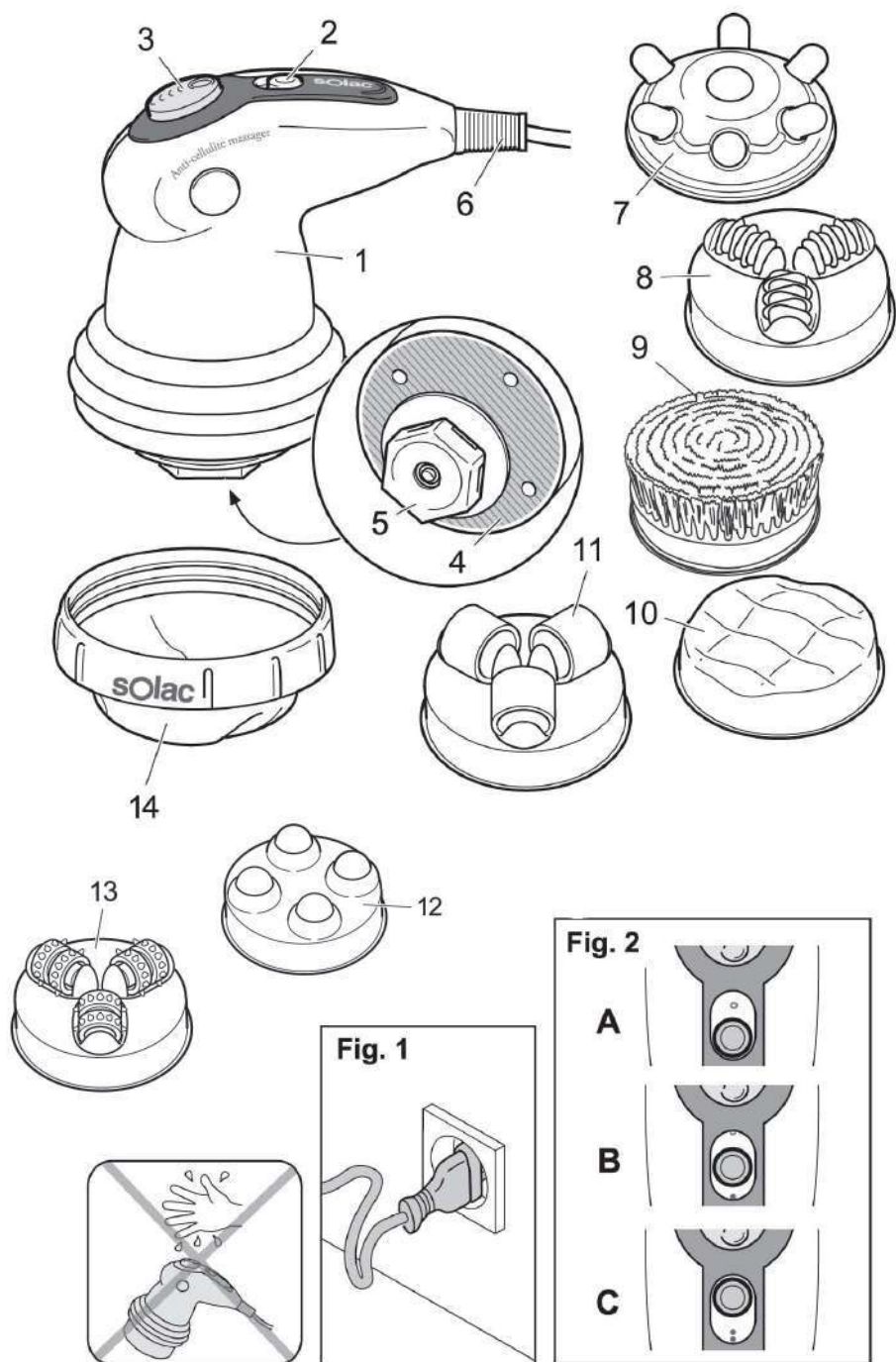


Fig. 3

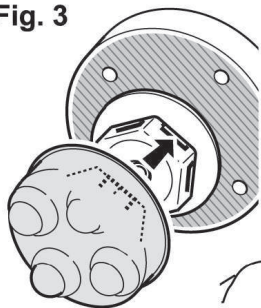


Fig. 4

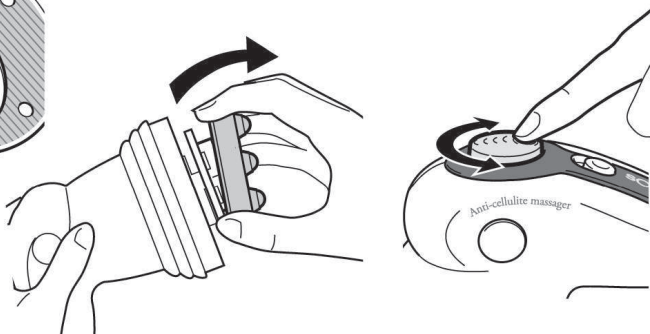


Fig. 5



Fig. 6

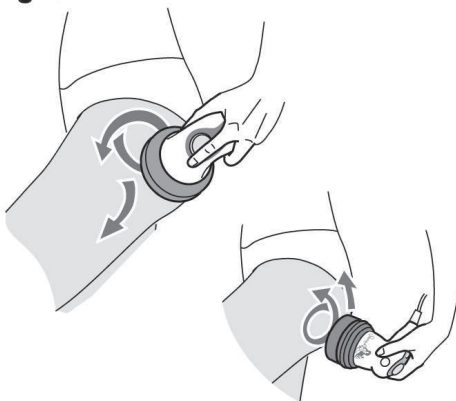
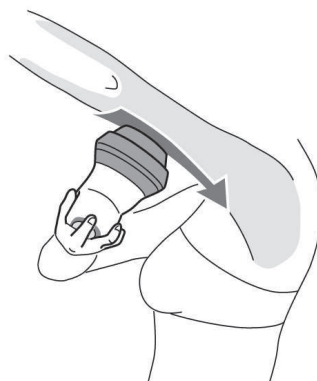


Fig. 7



Fig. 8



Read these instructions carefully before switching on the appliance and keep them for future reference.

Failure to follow and observe these instructions may result in an accident.

Failure to follow and observe these instructions may result in an accident.

DESCRIPTION

- 1 Main body
- 2 Massage / red LED on/off switch
- 3 Variable massage intensity control
- 4 Red LEDs
- 5 Massage head adaptor
- 6 Mains cable
- 7 Finger massage head (PRE-TREATMENT)
- 8 Serrated roller head (ANTI-CELLULITE)
- 9 Exfoliating head (DRY BRUSH)
- 10 Wave shaped head (BODY CONTOUR)
- 11 Smooth roller head (BODY-MODELLING)
- 12 Ball massage head
- 13 Parallel spiky disk massage head (ANTI-CELLULITE)
- 14 Fabric cover

SAFETY ADVICE AND WARNINGS

This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

Cleaning and user maintenance must not be done

by children unless they are supervised

If the mains connection is damaged, it must be replaced.

Take the appliance to an authorised Technical Assistance Service In order to prevent any danger, do not attempt to dismantle or repair it yourself.

Ensure that the voltage indicated on the nameplate matches the mains voltage before plugging in the appliance.

Connect the appliance to a base with an earth socket withstanding a minimum of 10 amperes.

The appliance's plug must fit into the mains socket properly. Do not alter the plug. Do not use plug adaptors.

Keep children and bystanders away when using this appliance.

Do not use the appliance if the cable or plug is damaged.

If any of the appliance casings breaks, immediately disconnect the appliance from the mains to prevent the possibility of an electric shock.

Do not use the appliance if it has fallen on the floor, if there are visible signs of damage or if it has a leak.

Do not use the appliance with damp hands or feet, or when barefooted.

Do not force the electrical wire. Never use the electric wire to lift up, carry or unplug the appliance.

Do not wrap the cable around the appliance.

Check the state of the power cord. Damaged or tangled cables increase the risk of electric shock.

Do not use or store the appliance outdoors.

Do not touch the plug with wet hands.

Do not leave the appliance out in the rain or exposed to moisture. If water gets into the appliance, this will increase the risk of electric shock.

CAUTION: Keep the appliance dry.

CAUTION: Do not use the appliance near water.

Do not use the appliance near bathtubs, showers or swimming pools.

Do not use the appliance with damp hands or feet, or when barefoot.

Keep the appliance away from heat sources and sharp edges.

Do not use the massager on the abdomen area if you are pregnant or believe that you might be pregnant.

Should you suffer from any health problems, e.g. pace maker fitted, consult your doctor.

Do not use the massager directly on:

Skin rashes or inflammation

Burns, open wounds, infected skin

Do not use it if you suffer from any of the following illnesses or ailments: varicose veins, poor circulation, bruising, inflammation of the veins, thrombosis, torn skin or diabetes

Do not use the appliance if you are taking medication that may reduce sensory capacity

USE AND CARE:

Do not use the appliance if its accessories are not properly fitted.

Do not use the appliance if the on/off switch does not work.

Disconnect the appliance from the mains when not in use, before cleaning, making any adjustment, battery charge or accessory change.

This appliance is for household use only, not professional or industrial use.

Store this appliance out of the reach of children and/or those with reduced physical, sensory or mental abilities or those unfamiliar with its use. Keep the appliance in good condition. Check that the moving parts are not misaligned or locked and make sure there are no broken parts or anomalies that may prevent the appliance from operating correctly.

Never leave the appliance connected and unattended if it is not in use. This saves energy and prolongs the life of the appliance.

The table adjoined contains example recipes with ingredient quantities and operating times.

Do not use the appliance on any animal.

Use the handle/s to lift or move the appliance.

If you use the appliance in a bathroom or similar place, unplug the appliance from the mains when it is not in use, even if it is only for

a short while, as proximity to water poses a risk, even if the appliance is switched off.

Disconnect the appliance from the mains when it is not in use, before cleaning it, making any adjustments, charging the battery or changing accessories.

Never leave the appliance connected and unattended if it is not in use. This saves energy and prolongs the life of the appliance.

Never rest the appliance on a surface while in use.

Do not use the appliance for more than 20 minutes at any one time. Leave it standing to cool for one hour before reuse.

Do not use the appliance on pets or animals.

CAUTION: Do not fall asleep while using this appliance, as this could be harmful.

SERVICE:

Any misuse or failure to follow the instructions for use renders the guarantee and the manufacturer's liability null and void.

PROFESSIONAL LIPOMODELLING SYSTEM.

This massager can be used to provide an effective therapeutic massage at home, continued use will help you to:

Improve blood circulation.

Obtain firmer and smoother skin.

Eliminate fluids and toxins.

Eliminate accumulated fat and "orange peel" skin.

CHOOSING A MASSAGE HEAD

PRE-TREATMENT (7): "finger massage" head application for painful cellulite and aching muscle.

ANTI-CELLULITE (8 and 13): "Serrated roller" head. This eliminates cellulite, helps tighten skin, stimulates blood flow, tones the muscles, performs lymphatic drainage, reduces volume, relieves back ache, sciatica and lumbago, warms up the muscles, relaxes and relieves stress, for example.

BODY-CONTOUR (10): "Wave shaped" head, tones and improves blood circulation. For use on the thigh and buttock areas.

Fabric cover (14): For exclusive use with the BODY -CONTOUR toning head. For greater comfort cover the head with the fabric cover. Never use it with creams.

BODY-MODELLING (11): "Smooth roller" head, effective treatment on painful cellulite

DRY BRUSH (9): Exfoliating brush, removes dead skin and stimulates blood flow.

BALL MESSAGE HEAD (12): Stimulates and tones the muscles, helping to firm the skin. It improves circulation in the abdominal area, eliminating localised toxins and improving the intestinal tract, preventing constipation.

INSTRUCTIONS FOR USE

GENERAL RECOMMENDATIONS FOR USE:

The intensity control allows you to regulate the intensity of the massage as required. Start with a gentle speed and progressively increase depending on your sensitivity to the massage. The red light is an additional massage function. Use it to strengthen the effectiveness of the massage.

If you use specific treatment creams (toning or anti-cellulite) apply these after the massage. The appliance is equipped with a motor protection system that switches the motor off if it overheats. If this occurs, leave the appliance to cool down before attempting to restart it. If you wish to continue using the appliance, allow it to cool down before proceeding.

For a more effective treatment, use the appliance regularly. Use the appliance each day until you notice the results, you can then use it to maintain these results. To maintain the results over the long-term, adapt your lifestyle habits and food.

BEFORE USE:

Make sure that all the product's packaging has been removed.

USE:

Unroll the cable completely before plugging it in.

Connect the appliance to the mains.

Turn the appliance on using the on/off switch.

Select the desired speed.

Choose a massage head

You may alternate the use of different heads during the same massage.

Set the intensity of the massage using the intensity control (3) and place the massager on the area on which you are going to work.

Use the massage controller to set the intensity, using your finger to turn the controller (3) one way or the other depending on the desired setting (Fig. 4)

Move the switch (2) to the massage position (Fig.2 B) or to the "massage + infrared position (IR) position" (Fig.2 C) according to the desired treatment.

Fit the head corresponding to the desired treatment onto the head adaptor (Fig. 3)

Hold the appliance firmly with both hands and move it over the skin in the direction of the blood circulation (see "Massage Direction").

Without pressing too hard, simply glide the massager over the area to be treated. Pressing the appliance too hard against the skin will prevent the motor from operating efficiently.

MESSAGE DIRECTION:

Always glide the appliance over the skin in the direction of the blood circulation. In an upward direction.

NEVER directly massage the spine.

NEVER directly massage a bone (knee, ankle, elbow). The protruding parts of the massage head could hit the bone, causing an injury.

Legs: Place the appliance on the thigh, close to the knee, and glide it gently upwards towards the hip (Fig. 5)

Buttocks: Combine upward and circular movements. (Fig. 6)

Abdomen: Place the appliance on the navel and move it gently outwards (Fig 7). Never make circular movements around the navel.

Arms: Place the appliance close to the elbow and glide it gently towards the armpit. Repeat the massage from the armpit towards the elbow (Fig. 8)

Back: Place the appliance in the area of the spine and glide it gently upwards towards the shoulder blade (fig. 9)

CHOOSING A MESSAGE HEAD:

1 SKIN PREPARATION

It is essential to start by preparing the skin properly before performing the massage in the area where it is required, so we should exfoliate the skin using the natural bristle brush

(DRY BRUSH), which will leave the area free of dead cells and make the skin softer. Avoid damaging the skin through excessive exfoliation (once per week is sufficient). Gently massage the entire area for 5 minutes. This step helps to stimulate your blood circulation and metabolism.

The skin should always be brushed toward the heart, starting with the feet and moving up to the hips in the case of legs, and from wrist to shoulder for arms. Persist on rougher areas and be careful with sensitive areas. Adjust the intensity of exfoliation based on the condition of the skin, the body area and particular sensitivity.

2. WARM UP

For effective treatment, we recommend first pre-warming and draining the area to be treated, especially if you have hard, painful cellulite. The aim is to gradually knead the area so that warms through, making the fat easier to separate from the skin; this will also shift retained toxins, activating local venous and lymphatic circulation. To perform lymphatic drainage, use very gentle shallow movements. The main goal of lymphatic drainage is to **stimulate the lymphatic system** to increase the removal of liquids that sometimes accumulate between the cells.



2 TREATMENT:

ANTI-CELLULITE or BODY-MODELLING head, in the case of painful cellulite

Once the warm up actions have been completed, we can begin performing the massage treatment. Unlike draining, the reduction massage works with strong, fast,

repetitive movements on the skin, using the force of the kneading and sliding movements. In general, the anti-cellulite reduction massage is recommended for modelling the curves of the body, working on the "saddlebags", abdomen, buttocks, etc.

3 COMPLETION

Apply a moisturizing or treatment cream using the BODY-CONTOUR head.

ONCE YOU HAVE FINISHED USING THE APPLIANCE:

Stop the appliance by releasing the pressure on the on/off button.

Unplug the appliance to the mains.

Clean the appliance

CLEANING

Disconnect the appliance from the mains and let it cool before undertaking any cleaning task. Clean the equipment using a damp cloth with a few drops of washing-up liquid and then dry.

Do not use solvents, or products with an acid or base pH such as bleach, or abrasive products, for cleaning the appliance.

Do not submerge the appliance in water or any other liquid, or place it under a running tap.

ANOMALIES AND REPAIR

Take the appliance to an authorised technical support service if problems arise. Do not try to dismantle or repair without assistance, as this may be dangerous.

For EU product versions and/or in the case that it is requested in your country:

ECOLOGY AND RECYCLABILITY OF THE PRODUCT

The materials of which the packaging of this appliance consists are included in a collection, classification and recycling system. Should you wish to dispose of them, use the appropriate public containers for each type of material.

The product does not contain concentrations of substances that could be considered harmful to the environment



■ This symbol means that in case you wish to dispose of the product once its working life has ended, take it to an authorised waste agent for the selective collection of waste electrical and electronic equipment (WEEE)

This appliance complies with Directive 2014/35/EC on Low Voltage, Directive 2014/30/EC on Electromagnetic Compatibility, Directive 2011/65/EU on the restrictions of the use of certain hazardous substances in electrical and electronic equipment and Directive 2009/125/EC on the ecodesign requirements for energy-related products